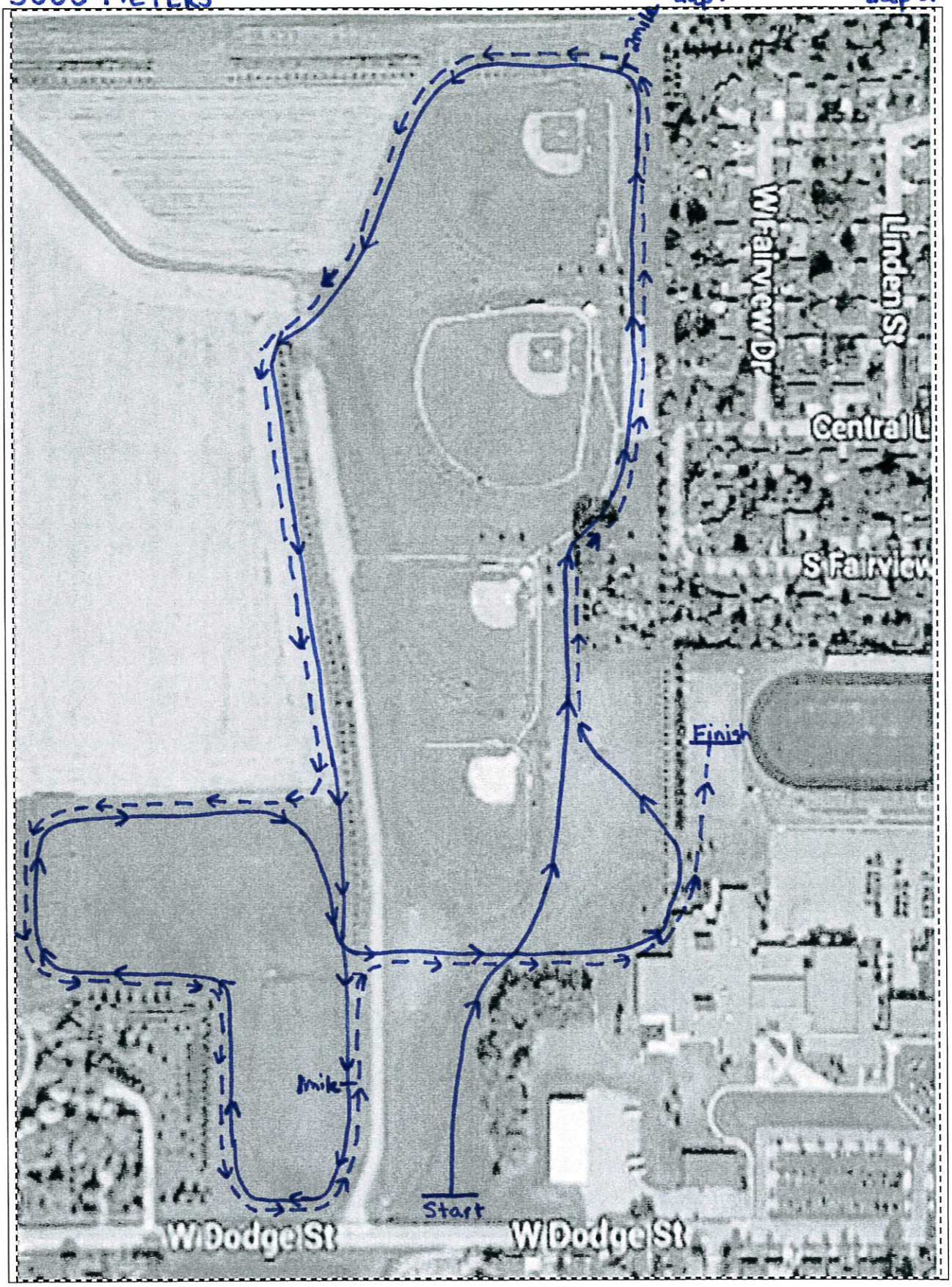
5000 METERS

——— = Lap 1 - - - = Lap 2